

AHANA

 07 October 2021

VOL: XXXXII

ISSUE: 7



REGULAR CLUB E-BULLETIN OF ROTARY CLUB OF CALCUTTA JADAVPUR

RI PRESIDENT: RTN. SHEKHAR MEHTA :: DISTRICT GOVERNOR: RTN. PRABIR CHATTERJEE

OCTOBER IS

ECONOMIC AND COMMUNITY DEVELOPMENT MONTH

"If we can make a difference in the life of one person in a community, it is a small yet significant step to empowering a whole community."
Loshini Naidoo

TAKE ACTION: Join Rotary, Get Involved



This year, the United Nations Scientific and Cultural Organisation (UNESCO) has announced celebration of the International Literacy Day (ILD) 2021 under the "Literacy for a human-centred recovery: Narrowing the digital divide" theme on 8th September 2021. Literacy is a human fundamental right, and the foundation for lifelong learning. RCCJ celebrated ILD with great success, besides also observing the National Nutrition Month (*Rashtriya Poshan Maah*).

-Souvik

Presidential Message: October 2021 Rtn. Shekhar Mehta: RIP: 2021-2022

A quarter of the Rotary year is now behind us. I am sure you are helping Rotary to grow more and do more. And I hope you have already done your part for the Each One, Bring One initiative by introducing one person to Rotary.

Do you ever think about your earliest days as a Rotarian? I often do — because those first moments of discovering the power of service shaped who I am today. When I joined my Rotary club, our efforts focused on India's rural communities, where people were living without toilets, getting their drinking water from the same pond they bathed in, and sending their children to outdoor classrooms set up under a tree. The nearest health care provider often was miles away — and the services were inadequate. But after Rotary clubs carried out some service projects, the villages had toilets, clean drinking water, a classroom for early learning, and a nearby health care center.

The spark that Rotary kindled within me forced me to look beyond myself and embrace humanity. It made service a way of life and led me to a guiding principle I still stand by: Service is the rent I pay for the space I occupy on Earth.

If you feel the need to reignite the spark of service in yourself or your club, October — Community Economic Development Month — is a great time to do so. When we work to improve the lives of people in underserved communities — through, for example, projects that provide vocational training and access to financial resources — we help build and sustain local economic growth.

The need is great. According to the United Nations, 9 percent of the world's population — that's 700 million people, a majority of them in sub-Saharan Africa — live on less than \$1.90 a day. By supporting strong community development as well as entrepreneurs, we can help improve conditions for people in that region and others.

Your club can also promote economic development in your own community by expanding vocational training opportunities through local schools and community colleges, partnering with lenders to improve access to financial services, or working with a nonprofit that provides resources to entrepreneurs and connects them with the business community.

Of course, developing strong communities is impossible without strong public health. On 24 October, World Polio Day, we'll celebrate our tremendous progress in the effort to eradicate polio. But we also know the fight is not over. We still need your help raising funds and awareness to ensure that all children are immunized against polio. Please don't forget to activate your clubs on that important day and encourage them to donate here: endpolio.org/world-polio-day.

.....continued

Service has been rewarding for me throughout my life. I know the same is true for many of you. Join me this month in becoming a good tenant of our planet by helping others to better themselves and their communities. Together, we can Serve to Change Lives.

Shekhar Mehta
President 2021-22



SPECIAL FEATURE ARTICLE-I

Project: National Literacy Day Observation



Rtn. (Dr.) Mainak Sengupta
Chair, Youth Service, RCCJ

Rotary Club of Calcutta Jadavpur (RCCJ) observed the Rotary service day for literacy with success and satisfaction in the premises of Panthaniwas, Bolpur on 19th September, 2021 with more than 65 underprivileged school and college children from the nearby villages. Considering the pandemic to have wreaked havoc in the day-to-day academic life of school-goers worldwide, we thought our efforts in Panthaniwas to shepherd them together under one roof, could bring back, at least for one day, their lost enthusiasm for school and studies. Of course, all the kids were provided with mask and provisions for sanitation before they entered the banquet hall in the first floor of Panthasala, the kitchen restaurant of Panthaniwas, which was arranged for a hand-writing competition for the participants. They were grouped into two categories (a) below class 8, and (b) above class 8. The participants were given two short pieces, one in English, the other in Bengali and 20 minutes to copy the same, and then judged for the best 3 entries in each category with respect to handwriting. This is worth mentioning that each participant was given a pencil bag with a pen, a pencil, an eraser, a sharpener and a full scape copy. Rtn. Madhumita Mitra gave a very nice, lucid and interactive introductory talk on the need of education. Myself and Madhumita Di were assigned the responsibility of judging the handwriting which was quite tough a job considering the talent showcased by many of the participants in this respect.

The top 3 participants in each of the category were awarded with rank certificates, while every participant received a certificate of appreciation for participating. Club trainer PP Rtn. (Dr.) Aditi Nag Chaudhuri bestowed the responsibility of adult literacy on the shoulders of the 5 young college goers, among the participants. They were to select prospective adult first-time-learners in their locality and introduce them to basic education. For that they were handed over with sets of Barnaporichoy (বর্ণ পরিচয়), pencils and copies, and a remuneration of 1000 rupees per month. RCCJ members would monitor the progress in 6 months of time. Panthaniwas administration as a goodwill gesture was open to let the newly appointed teachers use their premises for the adult literacy class. All in all, for that rotary day of service, it was indeed a highly successful venture.



SPECIAL FEATURE ARTICLE-II

Project: National Nutrition Month Observation



Rtn. (Dr.) Joyeta Ghosh
Member, RCCJ

The first National Nutrition Week campaign was launched in 1973 by American Dietetic Association (ADA) members as an opportunity to promote the profession as well as to serve as a vehicle for delivering nutrition education messages to the public. In response to the popularity of National Nutrition Week 1980, the House of Delegates called for an expansion of National Nutrition Week to National Nutrition Month. Every year they celebrate March as the National Nutrition Month.

India first started to observe National Nutrition Week from 1st to 7th September in 1982, conceived by the Food and Nutrition Board, Govt. of India. In 2018 in order to bring nutrition to the centre-stage of the National Development Agenda, GOI launched POSHAN Abhiyaan and it was decided to celebrate the month of September as National Nutrition Month (Rashtriya Poshan Maah) across the country as part of Jan Andolan under POSHAN Abhiyaan.

National Nutrition Month is being celebrated, from 1st to 30th September, across the country to mark the fight against malnutrition. During this month, various programs have been organized by the Women and Child Development Ministry to spread broad awareness on the issues related to malnutrition like stunting, under-nutrition, anaemia and low birth weight in children.

For celebration of Rashtriya Poshan Maah 2021, four basic themes for 4 weeks have been identified-
First Week: Plantation activity in the form of Poshan Vatika at the spaces available in Anganwadi Centers, Schools, Panchayat and other Public lands etc.;

Second Week: Yoga and Ayush for Nutrition (Yoga sessions targeted for various groups like Pregnant women, children and Adolescent girls);

Third Week: Distribution of Nutrition Kits in high burden districts to Anganwadi beneficiaries with IEC material; and

Fourth Week: Drive for distribution of nutritious food for them.

Like every year, this year also the Rotary Club of Calcutta Jadavpur organised a series of program during the month of September 2021 (18th & 19th September 2021) to celebrate National Nutrition Month.

The venue was Panthaniwas, Shantiniketan and the beneficiaries were local villagers of Ramnagar, Kamarpara & Darandwa.

Here we did cervical cancer, pediatric cancer, women health & menstrual hygiene camp. Here members of Rotary Club of Calcutta Jadavpur checked height, weight, blood pressure and blood sugar of the participants of the program. Rtn. Paromita Das Dutta talked about easy and nutritious dietary plan and Dr. Aditi Nag Chaudhuri spoke about awareness on Cervical Cancer and symptoms of paediatric cancer which should be attended to without delay. The ladies and children were given nutritious food packets.

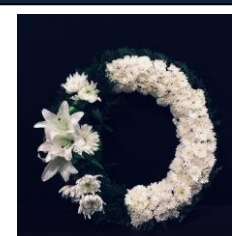
On 19th September, Rotary Day of Service on Literacy was observed successfully. Total 65 children participated on that day (From Class 1 to Undergraduate). The activities included seed distribution, yoga session and hand writing competition. Some of the participants also performed various cultural activities as well.



With a heavy heart, we, the members of RCCJ deeply mourn the sad demise of our beloved friend Rtn. Jayanta Kumar Datta, PP and Charter Member, who left us for his heavenly abode on 29th September, 2021. He would be deeply missed by one and all at RCCJ.

May his soul rest in peace.

OBITUARY



- ✓ Past President Rtn. (Dr) Aditi Nag Chaudhuri called the 2061ST meeting of Rotary Club of Calcutta Jadavpur (RCCJ) to order. At the outset she mentioned that due to inclement weather across entire area of Greater Kolkata and large-scale flooding, the scheduled meeting at Calcutta Rowing Club could not be held and instead an online meeting was conducted.
- ✓ The National Anthem was led by Rtn. Manas Kumar Ghosh.
- ✓ Then Past President Rtn. (Dr) Aditi Nag Chaudhuri announced:
 - That PP Rtn (Dr.) Chitra Mandal would give an update on the completion of Rain Water Harvesting Project at St. Ninian's High School. Dr. Mandal said that though the job has been completed and the system is usable but the tank for holding the rainwater is much smaller compared to the dimension that was presented in the plan by PP Rtn Dibyendu Chakravorty. The contractor of the job came much later than the appointed time for the meeting and could not explain the reason for his noncompliance of the work order. On that basis, it was opined by the attending members in the meeting that he may not be paid any further beyond what has been already paid to him for the job.
 - That, on 18thSeptember, National Nutrition Month was observed at Panthashala in Panthaniwas, Bolpur. Seventy-two women registered for the event. Awareness lectures on Menstrual Hygiene, Cervical Cancer, Pediatric Cancer were delivered by PP Rtn (Dr.) Aditi Nag Chaudhuri. An informative talk on nutrition and locally available nutritious foods was given by Rtn. Paromita Das Dutta. Masks, sanitizer and sanitary napkins were distributed. Height, weight, levels of blood sugar and blood pressure were measured, and BMI was calculated. Cakes, boiled egg, Lassi, Banana etc. were distributed as refreshments. All the logistic support was provided by the attending Rotarians including Pausali Paul, Dr. Krishnendu Das, Dr. Joyeta Ghosh, Dr. Mainak Sengupta, Madhumita Mitra, Nabagopal Bhattacharya and Manab Paul. Guests present in the event included Dr. Debnath Chaudhuri, Dr. Asim Das Dutta, Ms. Anurupa Mitra, Ann Ashokamitra Das, Sri Piyush Karmakar and Ms. Mita Karmakar.
- That, on 19th September, Rotary Day of Service on Literacy was observed in the same venue at Panthaniwas in the presence of the Rotarians and the guests mentioned above. Sixty-one students participated in the program which included mostly school children and some college students. Rtn Madhumita Mitra delivered an excellent lecture on Basic Education. The students were given exercise books along with a pencil-bag containing pen, pencil, eraser and sharpener. A competition on handwriting was conducted based on two paragraphs (Bengali and English) within two groups of students (up to class 7 and the other group consisted of class 8 and above). Six prizes were given based on the performance of the students as judged by Rtn Madhumita Mitra and Rtn (Dr.) Mainak Sengupta, and the prize-winning certificates were handed over by Dr. Debnath Chaudhuri. Five college student participants were encouraged to conduct adult literacy program and child tuition against a monthly remuneration; if required it could be done at Panthaniwas with logistic help from Rtn Manab Paul. A training for daily exercise regimen, accompanied by music, was conducted by Rtn Nabagopal Bhattacharya. To encourage healthy eating habit on self-help basis, seeds of pumpkin, tomato, soyabean and coriander were distributed by Rtn (Dr.) Joyeta Ghosh. She also talked on the importance of the fruits and leaves of those plants and asked the participants to cultivate those plants in their kitchen-garden. As refreshment, cakes, boiled egg, lassi and guava were given to the participants.
- In this context, PP. Partha Sarathi Sarkar approached for school bags available from Dist. for UDBHAS students.
- Also, PP (Dr.) Aditi and Rtn. Paromita expressed their desire to support the women of the locality nutritionally and medically based on the data collected provided sustainable opportunities can be created.
- That Rtn (Dr.) Soma Banerjee informed that our appeal for Cervical Cancer Vaccination to Class 6 girl students of Govt. schools has been noted by the Govt. Immunization Dept.
- To observe Sub-National Immunization Day (SNID), leaflets on Polio vaccine would be distributed through newspapers and the project will be coordinated by Rtn. (Dr.) Krishnendu Das and Rtn. Manasij Bandopadhyay.
- Regarding Defeat Diabetes Campaign, PP (Dr.) Aditi, mentioned that more clarity is awaited from RID 3291 admin. President (Dr.) Kunal Ray, based on his attendance in a seminar on the topic by the district, mentioned that the participating clubs can conduct the program for free by getting

glucometer and 100 test-strips from the District Office. The clubs would be expected to do the test in multiples of 100. Glucometers are free to keep by the clubs for future use. It was resolved that RCCJ will make an effort to participate in this district program.

- Since the next biweekly meeting falling on Wednesday, 6th October cannot be held due to Mahalaya, it was decided considering the load of work that the next RCM would be held online on Thursday, 7th October at 7:00 pm.
- ✓ The club business was conducted by Past Secretary, Rtn (Dr.) Krishnendu Das in the absence of current Secretary Rtn. Pausali Paul. He, on behalf of the members of RCCJ, wished Hon. Rtn Sambhu Narayan Banerjee for his upcoming birthday on 29th September and Rtn Alope Ghosh for his upcoming birthday on 1st October. He also wished Ann Sephali Chakraborty (w/o, Rtn Swapan Chakraborty) and Ann Manika Kar (w/o, Rtn Sambhunath Kar) for their birthdays on 3rd and 6th October, respectively.
- ✓ Minutes of 2060th meeting were confirmed. The RCM ended with thanks to everyone attending the meeting.
- ✓ Next, **Annual General Meeting (AGM)** for 2020-21 was called to order by PP Rtn (Dr.) Aditi Nag Chaudhuri at 7:30 pm. She reminded the attendees of the RCM that the AGM is only for the regular members and the meeting commenced on compliance with the requirement.
 - PP (Dr.) Aditi said that the Agenda of the AGM was circulated by email to all the members of RCCJ.
 - Treasurer Rtn. Swapan Chakraborty apprised the attending members in details regarding the income and expenses for the FY 2020-21 and answered all the pertinent questions. The GB adopted and approved the Accounts of the Club for the year ended 31st March 2021.
 - On the proposal of the Treasurer, retention of the same Auditor for the current level of remuneration was also approved by the General Body.
- ✓ No other issue was raised by the members and the meeting ended with thanks to all the attending members.

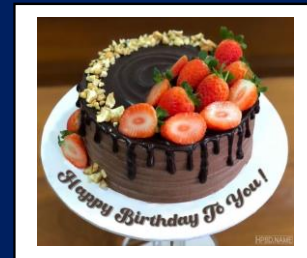
Happy Anniversary Wishes

Rtn. (Dr.) Arup Ratan Dutta & Ann. (Dr.)
Soma Dutta
-08.10.21



Happy Birthday Wishes

Rtn. Manab Paul
-13.10.21



Ideas, Feedback & Suggestions



+919831316389



souvikroy81@rediffmail.com